

# Race Day: Sunday, April 11

Oregon Convention Center  
Portland, Oregon



5K • 10K • 1/2 MARATHON

Benefiting Albertina Kerr

## RACE DAY INFORMATION

### Convention Center Opens – 5:30 AM

### Getting There

For helpful info about getting to the Oregon Convention Center visit: [www.oregoncc.org/directionsandparking/trimet](http://www.oregoncc.org/directionsandparking/trimet).

### Discounted Race Day Parking

\$3 parking provided by Ashforth Pacific at Liberty Centre parking lot located at NE 6th and 7th at Oregon Street. Parking also available at the Oregon Convention Center, max daily rate \$8.

### Public Transportation

Plan your trip by visiting [www.trimet.org](http://www.trimet.org).

### Bike Racks

The OCC has bike racks both outside all main building entrances as well as bike racks on both levels of the parking garage.

### Dry Clothing Check Opens – 6 AM

Dry clothing check is available as a free service at the designated area inside Exhibit Hall A. Feel free to drop off your warm, dry clothing for after the race. Unclaimed items will be donated to Kerr's Thrift Shop.

### Changing Races

You can change your race by visiting the Solutions table. Please note that if you are switching to a longer distance, you will need to pay the difference in registration price.

### Start Times

We recommend that you arrive at least 30 minutes before your start time. Line-up approximately 10 minutes prior to each race's start time. Start line is outside the convention center at NE 1st and Holladay St.

Half Marathon: 7:00 am

10K Start: 7:20 am

5K Start: 7:35 am

### Awards

Awards will be given to Overall Male & Female and Overall Masters Male & Female for all races. The top three males and females in each age division will also receive awards. Awards must be picked up at the event. They will not be mailed. The following times are approximate: 5K Awards: 8:30 am, 10K Awards: 9 am, Half Marathon Awards: 9:30 am.

### Free Finisher's Photo in Lieu of Medals

We've upgraded your commemorative finisher's gift! Everyone who has their picture taken at the Finisher's Photo Booths in Exhibit Hall A by the pros at Evan Pilchik Photography will receive a free downloadable photo, available online at [race4theroses.org](http://race4theroses.org). Remember to have your photo taken at the Finisher's Photo Booths: only photos taken at the booth will be eligible. Open 8 am – 11 am.

### After the Race

Food and beverages will be available after the race in Exhibit Hall A for participants only. Our generous sponsors donate all food and beverages. First Aid will be available in Hall A.

### Race Results

Available online at [race4theroses.org](http://race4theroses.org).

## COURSE DETAILS

### Course Time Limit

Our course will stay open to accommodate a pace of 12-15 minutes per mile. (The City of Portland restricts ALL running/walking events to this timetable to be considerate of commuters, residents and retailers as well as event organizers.) If you are unable to keep this pace, you will be asked to continue the race on the sidewalk for your safety.

### NEW and Improved Route for Walkers

Race for the Roses listened to your feedback and has a new and improved design for the last mile of the course to benefit both runners and walkers. If you are participating as a walker, race officials will help guide you through Waterfront Park, crossing the Steel Bridge on the lower pedestrian path. There will be course monitors stationed along this portion of the course as well as signs to direct you. You will have a separate water station, a much better view of the Willamette River and cross the same finish line at the Convention Center.

### Aid Stations

The half marathon course will host water and Glukos at aid stations every two miles; 7 stations in all. The 10K has four aid stations. The 5K aid station will be halfway through the course, at the turnaround point. There will be portable toilets at each aid station. See course map for exact locations.

### Pace Groups

Fit Right Northwest's Get Fit Live Fit Training Program will be providing pace leaders. With their help, you are sure to reach your goal. Visit their booth at packet pick-up to sign up. Then meet your leader at the start line on race morning.

### Timing

All races will be timed using the ChampionChip Timing System. Each participant will receive their "chip" with their bib at packet pickup. The "chip" should be worn on the participant's shoe and is disposable/recyclable. Any participant who does not wear the chip on their shoe will not be timed.

### Bib Numbers

Make sure you wear your bib number on your front and that it is visible at all times.

### Photo Opportunities

See the Course Map on the reverse for photo opportunities by Evan Pilchik Photography.

### Spectators

We welcome family and friends to cheer on runners and walkers. Some great places for viewing are:

- 21st and Front Street
- Front Street near the Waterfront
- SW Broadway between Harrison and Stark

### Strollers

Strollers are welcome in the 5K. For the safety of all of our race participants, we do not allow strollers in the 10K or half marathon. Thank you for your understanding.

### Course Map

The course map for the half marathon, 10K and 5K is on the reverse side of this sheet.

### How Your Participation Makes a Difference:

Every day, Albertina Kerr helps children, adults and families in Oregon who face mental health challenges and developmental disabilities, empowering them to lead fuller, self-determined lives. [Learn more at AlbertinaKerr.org](http://AlbertinaKerr.org)

### Still have questions?

Call our race hotline 503-349-7165.

