

RACE for the ROSES

5K • 10K • 1/2 MARATHON
Benefiting Albertina Kerr

The 10K will start at 7:20am on NE 1st and Holiday (Outside Exhibit Hall A)

- o Begin South on 1st, Right on NE Oregon St (Around Rose Quarter and Memorial Colliseum). A gentle uphill will take you across the Steel Bridge. Stay to the Left and follow the ramp down onto Naito Pkwy.*
- o Naito is flat to about the 1.5 mile mark, then a continuous climb (about 80 ft of elevation gain) to SW Barbur.*
- o Turn Right (North) onto SW Barbur and back towards the city center to Lincoln St.*
- o Turn Right (East) onto Lincoln, downhill for two blocks to 1st Ave.*
- o Turn Left at 1st, a gentle downhill slope to the turn-around point at Harrison St. Head back South on 1st, (4 mile mark) to the second turn-around at SW Arthur St.*
- o Head North for one block, turning Right at SW Sheridan St. which, staying Left, will feed you back onto Naito Pkwy.*
- o Return North along Waterfront Park back to the Steel Bridge (5.8 mile mark).*
- o The next ¼ mile is a short, yet steep hill to the apex of the Steel Bridge, then gentle downhill and flat to the finish line at the Convention Center.*

Update for 2010: Race for the Roses listened to your feedback and has a new and improved design for the last mile of the course to benefit both runners and walkers. If you are participating as a walker, race officials will help guide you through Waterfront Park for the last mile of the course, crossing the Steel Bridge on the lower, pedestrian path. There will be course monitors stationed along this portion of the course as well as signage to direct you. You will have a separate water station, a much better view of the Willamette River and cross the same finish line at the Convention Center!

