

RACE for the ROSES

5K • 10K • 1/2 MARATHON
Benefiting Albertina Kerr

The ½ Marathon will start at 7:00am on NE 1st and Holiday
(Outside Exhibit Hall A)

- o Begin South on 1st, Right on Pacific Hwy (Around Rose Quarter and Memorial Colliseum), Right on North Interstate, then a short uphill to the Broadway Bridge via Larrabee
- o It's now downhill on the Lovejoy ramp to 9th Ave and then south (right) on Naito Pkwy.
- o Naito is flat to about the 3.1 mile mark, then a continuous climb (about 80 ft of elevation gain) to SW Barbur.
- o Turn right (north) onto SW Barbur which is flat and gently downhill for 1.5 miles back towards city center to Harrison St. Turn left (west) onto Harrison uphill for three blocks to Broadway (right, about a 30 ft elevation gain).
- o Now it is a gentle downhill on Broadway over the next 0.6 miles to Morrison.
- o Continuing on Broadway the course is pretty much flat for the next 6.7 miles
- o Left at Stark
- o Right at 13th Street
- o Left at Johnson
- o Right at 18th
- o Left at Vaughn
- o Right at 20th Street
- o Left at York Street
- o Right at 21st
- o From Naito & 21st Ave there is an out & back of 1.3 miles heading north to 26th Dr then back south again.
- o The route then takes you south on Naito past the Salmon St Fountain to a second turn-around at Main St (11.9 mile mark).
- o Return north along Waterfront Park to the Steel Bridge (12.6 mile mark).
- o The next ¼ mile is a short yet steep hill to the apex of the Steel Bridge, then gentle downhill and flat to the finish line at the Convention Center.

Update for 2010: Race for the Roses listened to your feedback and has a new and improved design for the last mile of the course to benefit both runners and walkers. If you are participating as a walker, race officials will help guide you through Waterfront Park for the last mile of the course, crossing the Steel Bridge on the lower, pedestrian path. There will be course monitors stationed along this portion of the course as well as signage to direct you. You will have a separate water station, a much better view of the Willamette River and cross the same finish line at the Convention Center!

The Race is On! Race4theRoses.org

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